



MANDI
OLIPHANT

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PROFESSIONAL SUMMARY

Adaptable Marriage and Family Therapist and Art Therapist with background in supporting children, adolescents and families. Well-versed at building relationships, motivating clients, and managing a business. Proactive and forward-thinking with expertise in assessment, diagnosing, and treatment planning. Committed to continued education to stay up-to-date in innovative and evidence-based approaches to therapy.

SKILLS

- Administrative oversight
- Business management
- Regulatory compliance
- Budget administration
- Social media control
- Creative thinking

EXPERIENCE

Owner August 2023 - Current

The Feelings Studio | Folsom, CA

- Manage online art lessons membership for children and teens.
- Create art lessons monthly to be viewed and completed in the member library.
- Run social media groups for parents and children, parents of teens and teens who have memberships.

Owner August 2023 - Current

Mandi Oliphant Therapy | Folsom, California

- Provide individual therapy sessions for adolescents and adults.
- Maintain thorough records of sessions.
- Keep license and registration current and training up-to-date by completion of continuing education credits.

Therapist June 2015 - February 2016

Sage Psychotherapy Associates | Sacramento, California

- Facilitated individual therapy and group sessions in intensive outpatient program for the treatment of anxiety disorders.
- Used Acceptance and Commitment Therapy (ACT), including use of exposure therapy.

Therapist May 2013 - June 2015

Terra Nova Counseling | Citrus Heights, California

- Diagnosed, evaluated and treated children, adolescents, and families.
- Maintained caseload of up to 25 clients and provided community-based counseling.
- Completed Medi-Cal paperwork efficiently on Avatar EHR.
- Lead hands-on art therapy intervention trainings for staff.
- Conducted client art therapy group.

- Trained in Parent-Child Interaction Therapy (PCIT)

Owner

January 2013 - February 2016

Mosaic Therapy and Wellness | Folsom, CA

- Worked with individual therapy clients (adults, adolescents and children) in private practice setting.
- Controlled day-to-day operations, including billing insurance and keeping detailed records.

Therapist

October 2011 - March 2013

Victor Community Support Services | Marysville, California

- Provided community-based therapy for children and families.
- Formulated diagnoses and treatment plans for clients based on medical necessity.
- Trained colleagues in applicable art therapy interventions.
- Completed Medi-Cal paperwork and adhered to expectations set by the county.
- Conducted therapy and rehabilitation groups.
- Orchestrated client art show.

MFT Trainee

April 2009 - June 2010

Terra Nova Counseling | Citrus Heights, California

- Diagnosed, evaluated, and treated children, adolescents, and families.
- Maintained caseload of up to 25 clients and provided community-based counseling.
- Completed Medi-Cal paperwork efficiently.

Match Support Specialist

September 2006 - March 2009

Big Brothers Big Sisters of the Bay Area | Oakland, California

- Managed up to 100 matches between mentors and children, which entailed contact with families and mentors to provide assistance and ensure safety.
- Supervised school-based mentoring program.
- Coordinated successful fundraising event.
- Generated mentor and child (match) involvement in agency fundraiser with a photo shoot of inspirational matches for display, and organized collaborative art projects created by the matches to be auctioned off.

Child Development Counselor

June 2005 - July 2006

San Diego Center for Children | San Diego, California

- Provided care in residential treatment center for children with severe emotional and behavioral problems (level 14).
- Helped children with daily routines and assisted with therapeutic groups.
- Initiated art interventions with clients to teach positive coping skills and create opportunities for success.

Care Provider

June 2001 - August 2004

Living Grace, Inc. | Lafayette, California

- Seasonal (summer) position
- Provided care for women with developmental disabilities in home.
- Distributed medications and maintained client records.

EDUCATION

Master of Arts (M.A.) - Marriage and Family Therapy and Art Therapy
Notre Dame De Namur University, Belmont, CA

May 2011

Bachelor of Arts (B.A.) - Psychology
Point Loma Nazarene University, San Diego, CA

May 2005